

## Five Step Nighttime Warfare Strategy For Teenagers

Don't let the sun go down with you still holding on to anger. It DOES give the enemy of foothold. Anything you meditate on for a long time, and then sleep with in your head, is going to store itself in your permanent memory files in your brain, making it harder to get rid of the thoughts later. You will actually wake up angrier than you did when you went to bed!

1. Release forgiveness and drop judgment (how you view and talk about a person) *out loud* before you go to bed. Forgiveness is not based on your emotions, and it doesn't make what the other person did to you right. It's an act of your free will, because you don't want to be tormented by resentment, bitterness, and frustration that will soon follow.
2. Break the ungodly soul ties with anyone that has offended you before you go to bed. (Lord, I break the ungodly soul tie with\_\_\_\_, and I plead the blood of Jesus between us. I dispatch warring angels to stand between us, and I do all this in the name of Jesus.)
3. Ask God to forgive the person that has offended you. (Father, Please forgive \_\_\_\_ for he knows not what he does and forgive me for anything that I may have done to displease you in any way.)
4. Ask God to bless that person radically with his best! It's not a bonus check for bad behavior, instead, it will cause them to realize someday the result of their actions and repent, and serve to get them back on the narrow road following the example of Jesus. Blessings are not always easy and painless.
5. Ask God to convict them of their sin, this may help you release the situation and the person to God, the only one who judges.

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If you find yourself in a battle that is not flesh and blood, but demonic spirits, and escalating in an ungodly way, respectfully dismiss yourself from the room. Find a quiet place and pray out loud, "I bind any spirit that is manifesting in\_\_\_\_, with the blood of Jesus and I loose a spirit of love, joy, and peace in \_\_\_\_ in the name of Jesus." Ask God to send a warring angel to guard your mouth and order your words so that you cannot speak anything that will fuel the demon that is operating in the other person.

You can also pray "I bind in the name of Jesus any unclean and profane spirit from using \_\_\_\_'s mouth to speak any word curses over me. I bind those word cursing spirits in the name of Jesus."

Remember the authority is in the name of Jesus and the written word of God. The enemy will not hang out for scripture so if you find yourself in battle pray scripture like this one out loud. It is written, every knee shall bow and every tongue confess that Jesus Christ is Lord....and if you don't bow to Him, Leave now in the name of Jesus! (that is the one scripture, I understand the demonic realm hates the most)